

Did you know Illinois and Wisconsin have some of the highest rates of unhealthy alcohol use?

INSPIRE

Join INSPIRE and Help Your Patients Reduce Unhealthy Alcohol Use

What is INSPIRE? A federally-funded research program to support the screening and treatment of patients with unhealthy alcohol use.

How does it work? Practices receive online education and in-person coaching for six months. With support, you will implement screening tools and treatments that include counseling and medication.



What is the purpose of the research? The study will evaluate effectiveness of the provided education and coaching on clinician use of Screening, Brief Intervention, and Referral to Treatment (SBIRT). It will also measure the impact on patients with unhealthy alcohol use.

How do I get more information? Registration is beginning now. Contact your local INSPIRE partner if you or someone you know is interested in participating.

Your Local Contact:

Lauren Echols, Project Manager
lauren.echols@northwestern.edu



Eligibility

The INSPIRE consortium invites small practices to participate. Clinics are eligible if you:

- Are located in Wisconsin or Illinois
- Have ≤ 10 prescribing primary care clinicians
- Focus on adult primary care

INSPIRE Highlights

- Access to in-person expert coaching
- Opportunities to earn continuing medical education (CME) through online education
- Assistance with federal incentive and reimbursement programs
- Help with clinical decision support and office-based protocols

For questions on CME, please contact CE@Altarum.org.

INSPIRE Partners

ACCESS Community Health Network
AllianceChicago
Altarum Institute
American Institutes for Research
MetaStar, Inc.
Northwestern Medicine
Northwestern University
Oregon Research Institute

Grant Information

Intervention in Small Primary Care Practices to Implement Reduction in Unhealthy Alcohol Use (INSPIRE)

Co-Principal Investigators:
Abel Kho, MD, MS
Theresa Walunas, PhD
IRB#: STU00210287
AHRQ#: 1R18HS027088-01

Northwestern University
Center for Health
Information Partnerships
Phone: 312-503-4767